

TCS Covid Working Agreement

So that you can make an informed choice about attending in person therapy sessions, it is important to communicate to you what measures have been put in place by TCS to minimise the risk of transmission of Covid-19.

This document forms part of the TCS Covid-19 risk assessment. This working agreement might be subject to change in line with governmental guidelines.

**TCS measures to manage risk within First Floor, Gilbert House:**

1. Sanitising facilities including hand sanitiser and wipes are located in each counselling room and the toilet.
2. Session times are staggered to reduce the volume of traffic in the corridor
3. All counsellors will finish their session promptly and the door left open to facilitate ventilation in between sessions.
4. Air purifiers that are certified for covid protection are operational in each room
5. First Floor Gilbert House will be deep cleaned on a weekly basis (record displayed)

Meeting in person for sessions is offered in line with governmental guidelines which may be subject to change. However, everybody has their own comfort levels and living situation so if you would prefer to meet via Zoom at times when you feel more vulnerable or you are have concerns that you might be covid positive then do please let your counsellor know in good time in advance of your session.

If you would feel more comfortable wearing a face mask during your session, then do please feel free to do so and do please let your counsellor know if you would prefer them to wear one too.

To minimise risk of infection:

**As a client I agree to:**

* Cancel any in person sessions if I have any symptoms I consider might be contagious (whether or not I believe they might/ might not be Covid-19 symptoms) If I am uncertain about whether to cancel I will contact my therapist before my session.
* If I have tested positive for Covid-19, I will contact my therapist in good time to arrange either an online session or to cancel.
* Arrive at my session time promptly to reduce the need to use the waiting area
* Maintain recommended personal hygiene practises and social distancing (1+m) in line with governmental guidelines
* Wear a face covering whilst transitioning in the building unless exempt
* That I attend my sessions at my own risk and understand that there is no guarantee that the measures described will be risk free

**As a therapist I agree to:**

* Cancel any in person sessions if I have any symptoms I consider might be contagious (whether or not I believe it might/ might not be Covid-19 symptoms) I will contact you at my earliest convenience in I need to cancel the session.
* Maintain recommended personal hygiene practises and social distancing (1+m) in line with governmental guidelines
* Start and end sessions promptly to allow for ventilation between clients
* Wear a face covering whilst transitioning in the building unless exempt
* If I have tested positive for Covid-19, I will contact you, my client in good time to arrange either an online session or to cancel.
* Adhere to the protocols of the venue as described above

Signed (Therapist)… ………………………..Date …………

Signed (Client) …………………..……………Date……………